

**FALL - WINTER 2017**

## HELPING OTHERS IN NEED IS OUR MISSION



Community Cares News is a newsletter that provides vital information regarding the activities and events of Project Concern's food pantry and Cudahy-St. Francis Interfaith Program for the Elderly.

### *The Reasons for the Season & The Reason to Give*

*'Tis better to give than receive.* How many times have we heard this? Think about what it really means. Recently a young working mother, being treated for cancer, with mounting medical bills and garnisheed wages, and fear that she could not pay her rent, came to us for help. Your giving allowed us to provide food, clothing, personal care items, diapers, and a holiday gift for her baby. We also were able to connect her with other agencies that could assist her. Your big-heartedness enabled us to lift some of her burden and actually put a smile on her face. Without your gifts Project Concern would not exist.



### **Santa's Elves Needed!**



Some children have no gifts to open on Christmas. Help Santa reach those children this holiday season by sponsoring a child or two. Sign up as Santa's Helper by email at [pcstaff@hotmail.com](mailto:pcstaff@hotmail.com), stop by the pantry, or call us at 414-744-0645. The gift price range is \$25-\$30 per child. Put a smile on a little one's face and enjoy the gift of giving.



### **CHILDREN'S HOLIDAY GIFT ASSISTANCE PROGRAM**

The holiday season can be a time of happiness and of celebration.

However, the holidays can be stressful for parents struggling to provide their child(ren) with holiday gifts.

Project Concern is here to help. Families registered with our pantry may sign up for holiday gift assistance until mid-November. Registration forms are available at the pantry or on the website at [projectconcerncudahy.org](http://projectconcerncudahy.org).



In 2018 Project Concern will be 50 years old. This milestone was reached through the hard work of

past and present staff and volunteers and the exceptional generosity of our donors.

### **We Thank You All!**

We invite you to support the food pantry and CSFI Program for the Elderly by participating in the following events.

**Jan. 2018 - Bowling Event**

**Feb. 2018 - Anniversary Event**

**June 2018 - St. Mark's Benefit Concert  
- Recycling Drive**

**July 2018 - Sweet Applewood - - -  
Jewelry Sale**

**Oct. 2018 - Grand Time Out - - -  
Dinner/Dance**

Please watch for more information about these events. Follow us on Facebook—  
[facebook.com/ProjectConcernCSF](https://facebook.com/ProjectConcernCSF)



## **PROJECT CONCERN OF CUDAHY-ST. FRANCIS**

***Our Goal*** is to serve low-income individuals and families by feeding the needy, meeting emergency basic needs and providing a bridge/safety net to help them become self-sufficient.

Phone: 414-744-0645

Fax: 414-744-0645

Mailing Address:

P.O. Box 100093

Cudahy, WI 53110-0093

Email: [projconcern@msn.com](mailto:projconcern@msn.com)

Location:

4611 S. Kirkwood Ave, Lower Level  
of the Nativity of the Lord Parish  
Cudahy, WI 53110

Hours of Operation:

Monday 9:00 am to Noon

3:00 pm to 6:00 pm

Wednesday 9:00 am to Noon

Friday 9:00 am to Noon

1<sup>st</sup> Saturday of the month

9:00 am to 11:00 am

Or by appointment Wed. & Fri.

12:30pm to 2:30pm

Website: [projectconcerncudahy.org](http://projectconcerncudahy.org)

Like us on Facebook:

[facebook.com/ProjectConcernCSF](https://facebook.com/ProjectConcernCSF)

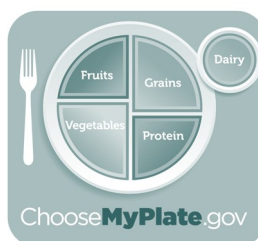


**Food Pantry Services::**

- ◆ Emergency food
- ◆ Shopping for clothing, household items, toys and more.
- ◆ Personal care products.
- ◆ Infant Items (formula, baby food and baby care items).
- ◆ Information and referral services.
- ◆ Assistance with FoodShare provided by Hunger Task Force
- ◆ Seasonal programs:
  - School Supplies for students.
  - Special holiday food baskets for families with children.
  - Holiday gift program for children 17 and younger.



### ***What is the USDA MYPLATE?***



MyPlate is a reminder to find your healthy eating style and adjust it throughout your lifetime. Everything you eat and drink matters. The right mix can help you be healthier now and in the future. This means:

- \* Focus on variety, amount, and nutrition.
- \* Choose foods and beverages with less saturated fat, sodium, and added sugars by using nutrition fact labels and ingredients lists.
- \* Start with small changes to build healthier eating styles.
- \* Choices from all five food groups including fruits, vegetables, grains, protein foods, and dairy to get the nutrients you need.

*From MyPlate.gov*

### **YOUR DONATIONS ARE A KEY TO OUR PROGRAM SUCCESS**

The donations we receive gives us the ability to serve the community. Project Concern and CSFI Program for the Elderly rely on the following types of donations:

- |  |                                 |
|--|---------------------------------|
| * Food, canned, frozen or fresh recommended by the USDA MyPlate with unexpired freshness dates | * Personal Care Items           |
|  | * Household Items               |
|  | * Clothing                      |
|  | * Grocery Bags                  |
|  | * Tax Deductible Monetary Gifts |
|  | * Toys/Books                    |
|  | * Used Ink Cartridges           |
|  | *Your Time                      |



**\*\*Please drop off all donations inside the building - so the much needed items are protected from the weather.**

**\*\*We do not accept hazardous materials, mattresses, large pieces of furniture, or old tube televisions.**



**CUDAHY-ST. FRANCIS IN-  
TERFAITH  
& PROJECT CONCERN**

P.O. Box 100093  
4611 S. Kirkwood Ave.  
Lower Level  
Cudahy Wisconsin 53110

Interfaith : 414-483-4474  
Project Concern: 414-744-0645



Thank you to  
Hunger Task  
Force for all their  
support!

**HOLIDAY CLOSINGS**

CSFI for the Elderly & Pro-  
ject Concern  
Will be closed for the following:

**2017—Closings**

Halloween—Oct. 30th  
Thanksgiving—Nov. 22nd  
Christmas—Fri. Dec. 22nd  
thru Mon. Dec. 26th

**2018—Closings**

New Years— Jan. 1st  
Annual Reports—Jan. 31st  
Monthly Report—Feb. 28th  
Spring Break— March 30th  
& April 2nd  
Stamp Out Hunger—May  
12th & 14th  
Memorial Day- May 25th &  
28th  
Monthly Report—June 29th

NON PROFIT ORG.  
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Cudahy, WI  
Permit No. 7

“ECRWSS”  
POSTAL CUSTOMER

**WHAT'S HAPPENINGS?**

**All year long**, Free Blood Pressure Check  
**November 2017** - Thanksgiving Food Drive

**December 2017**- Sponsor a child to receive a Holiday Gift

**January 24th 2018** - Fundraiser at Motions Bowling

Sponsored by Feeding America & North Shore Bank

**February 2018** - Project Concern 50th Anniversary Celebration

**May 2018** - Stamp Out Hunger Food Drive

**June 2018** - Electronic Recycling Drive

**June —2018** -St. Mark's Musical Benefit Concert

**July—2018** - Sweet Applewood Jeweler and Bake Sale

**October—2018**—Grand Time Out, Dinner/Dance

*Project Concern and CSFI Program for the Elderly are equal  
opportunity providers and employers.*