

INTERFAITH NEWS

34 years of linking older adults with a caring community Spring 2011

I/F Volunteers Gave 6,875 Hours of Service in 2010!

Over 100 Cudahy-St. Francis Interfaith volunteers gave nearly 6000 hours of service to local senior citizens in 2010, and over 1000 additional hours of service to the organization. 35 new volunteers joined us last year; 80 since 2009! We went from 36 to 54 active drivers last year, and they gave 3500 hours of their time, countless miles on their vehicles and hundreds of gallons of gas in providing over 1500 rides, 100 more than in 2009. 99% of ride requests were filled.

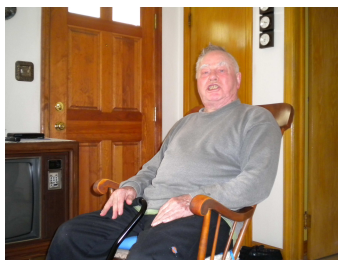
Nearly 20 frail or isolated seniors received over 800 visits and 225 phone calls from our volunteers, and over a dozen volunteers provided 197 instances of help with home chores.

To all these volunteers, our 250 clients say **GOD BLESS YOU AND THANKS A MILLION!**

(To thank them *yourself*, see p. 7)

WWII Vets Served Country Then, Need Us Now

Memorial Day is a time to remember the sacrifices of those who have served our country in the Armed Forces. In this issue, we highlight two of our clients who are veterans. To protect their privacy, we are using only their first names.



Maurie was drafted into the Navy in 1944 at 21 and after 3 months of boot camp was seeing action in the Western Pacific. He served on a repair ship off the Marshall Islands and Saipan. Back in the states, he became a Milwaukee Police officer, retiring in 1988 and (cont. p. 2)



Harry served on the destroyer USS Davison from 1943 to 1946. He earned his star in "Torpedo Junction" in the Atlantic when his convoy was attacked by German bombers and his gun turret crew took out one of them. Last September, he was thrilled to be selected to go (cont. p. 7)

Ladish Foundation Promoting Interfaith to Area Businesses (see story on p. 6)

Donors Please Note...

Thank you so much for your generosity over the past few months! Just a reminder that we will now only send one end of year statement of all your donations, unless you request an acknowledgment each time.

Golden, Platinum and Diamond Donors will be listed in the last Newsletter of the year, in late November.

Business Sponsors Needed for Fall Events

Our September 11 **Grand Time Out** and November 19 **Motion Plus Bowling Benefit** need sponsors for refreshments, raffle items and door prizes. You can also advertise by getting your business' name on our souvenir sweatshirts or a lane banner for the bowling benefit. Call 483-4474 for information.

STUDENTS: HELP A SENIOR WITH YARDWORK OR HOME CHORES: If you are 16 or older, local seniors need you to mow their lawns and help with odd jobs outside and around the house. If you are interested, call Mark at the number below. And God bless you for caring!

OFFICE LOCATION: 3767 E Underwood Ave
Cudahy, WI 53110

OFFICE HOURS: Mon-Thurs 9 AM - 3:00 PM

PHONE NUMBER: 414-483-4474

WEB ADDRESS: www.interfaithcudahy.org

STAFF: Mark Peters, Director
Joan Stephan, Service Coordinator



Memorial Day

Vet, from p. 1

moving to his home in St. Francis in 1992. Now 90 and widowed since 1984, he has bad legs and finds it nearly impossible to get up and down the stairs in his house. His daughter comes by a couple times a week to help, but he is also grateful to Interfaith for a friendly visitor, Marge, who sees him twice a month. They talk about whatever's on his mind, and he enjoys discussing current events with her. Dan and Greg, two of our volunteer handymen, have helped him with plumbing and electrical issues, and our drivers have gone shopping for him on several occasions.

Maurie says the Navy treated him well and was a great experience for him. Being a cop was a tough job, especially all the domestic disputes where the challenge was to get people to calm down and be rational. It sounds to us like "peacemaker" is a good way to describe this man, and we're happy we can serve him as he served his country and community!

NOTE: The U.S. Department of Veteran Affairs has introduced a toll-free **National Caregiver Support Line** staffed by licensed clinical social workers to serve as a primary resource/referral center to assist caregivers, veterans and others providing care to U.S. veterans. Call 1-855-260-3274 Monday through Friday from 8 a.m. to 11 p.m. and Saturday from 10:30 a.m. to 6 p.m. (EST).

Interfaith News is published four times a year by Cudahy-St. Francis Interfaith to increase awareness of resources available to older adults and caregivers.

Every effort is made to verify content. Please let us know of any errors. If you have comments, please call 483-4474 or write to:

Cudahy-St. Francis Interfaith
3767 East Underwood Avenue
Cudahy, WI 53110-1934

Mark Peters, Editor

Please Note: The information in this newsletter is not a substitute for professional medical, legal or financial advice. If you have specific concerns, please consult a trusted professional or contact our office to find out where you can go for assistance.

INTER
FAITH
OLDER
ADULT
PROGRAMS

Aging Resource Center: A Number to Keep Handy!

Part of the Milwaukee County Department on Aging, the Aging Resource Center (ARC) offers signup for home delivered meals, help determining eligibility for entitlements, and long term care assessments (in-home if you need it) for those who are ineligible for entitlement programs. They also handle elder abuse investigations.

If you are eligible for Medicaid, they will help you determine which of several options (Family Care, PACE, Partnership, IRIS or straight Title 19) is best for you. You must call yourself if you are competent or you can give permission for a caregiver to speak on your behalf. A person's Power of Attorney for Health Care can also call on their behalf.

The ARC phone number is 414-289-6874.

Medicare Update

As of January 1, Medicare recipients are entitled to free preventive services, such as cardiovascular, osteoporosis and diabetes screenings. In addition, people with Medicare can take advantage of the new annual wellness visit, during which providers and patients may establish preventive care plans. This new benefit has already proven popular: according to HHS, 150,000 Medicare consumers took advantage of the wellness visit between January 1 and February 23, meaning 2,800 people per day have used this new benefit.



We remember
and honor
those who
gave their lives
— fathers,
mothers,
husbands,
wives, sons,
daughters,
brothers,
sisters, family
and friends

34th Annual Prayer Breakfast

April 9, 2011



Scout Troup 126 helps serve the meal to a crowd hungry for pancakes and a stimulating program



Sr. Marianne Muscott of the St. Anne Intergenerational Center spoke on "Light, Love & Laughter: Creative Aging"



Essie and Al Weitekamp receive the Human & Spiritual Values Award from Kiwanis President John Zodrow. Already having received the same award are, from left, **Edie & Bob Litkowiec** and **Arlene & Don Stuermer**

2011 Upcoming Events Calendar

Interfaith Jewelry Sale: July 29-31 at Sweet Apple-Wood Festival

Grand Time Out: Sunday, September 11, Noon-3 at the Pulaski Inn

Volunteer Appreciation Event for Interfaith & Project Concern: October (date tba)

Motion Plus Lanes Bowling Benefit Tournament: Saturday, November 19



...for Your Generosity!

The following donations were received between February 1 and April 30, 2011 (if your name is missing, please call 483-4474)

Organizations

Cudahy Lions Club	\$2000.00
Sacred Heart Catholic Parish	\$427.83
Friends of Cudahy Family Library	\$500.00
St. John Ev. Lutheran Parish	\$300.00
St. Mark's Ev. Lutheran Parish	\$303.60
Steren Management/McDonalds	\$150.00
Wisconsin Women's Alliance	\$200.00

Individuals

Bernelle Adamczyk**
 Ray Adamski
 Tillie Akers
 Marcellyne Amann
 George Baier
 Eleanor Barrette
 Martha Beck
 Mary Becker**
 Denise Beilke*
 Audrey Benka
 Ruth Beyer
 William Bigler**
 Carol Bindas**
 Casey Bowe**
 Mary Brindza**
 Dennis Broderick*
 Lisa Broderick*
 Joan Burrows
 Char & Glen Busse*
 Joseph Casper
 Donald Cassidy*
 Carole Christensen
 Doris Christensen
 Edna Cicerelli
 Barbara Corbitt
 Mayor Tony Day
 Rick & Maureen Dorgay
 Marcella Duellman
 Terry & Diana Duffey*
 Barbara Duginski*
 Jacquelyn Duvall
 Arland & Rosella Essig*
 Ruth Farrand
 Donald Fischer*
 Pat Fons
 Henry Forster*
 Robert Furdek*
 Susan Gaudynski*
 Geraldine Gibas
 Priscilla Gieryn
 Josephine Gnacinski
 Estelle Gooder
 Esther Graybar
 Lois Grey
 Carol Harzke

Francis Hauerwas
 Douglas & Angela Hawkins*
 Joanne Heltemes
 William & Sharon Henning****
 Jim & Darlene Hennlich
 Elizabeth Hershberger
 Antoinette Hill*
 Dorothy Hinsch
 Eugene & Anne Holubowicz
 Milton & Judith Hoyt
 Ken Huber
 Robert & Alma Igowski
 Barbara Janicek*
 Dolores Janik
 James & Sandra Jaskulski*
 Tommy Javorek
 Grace Jennaro
 Kathryn & Ronald Johnson*
 Trudy & Karen Kaprelian
 Ardis Kelch
 James Kieturkus**
 Cecilia Koch
 George Koenig
 Richard & Regina Koronkowski
 Katharine Kramarich
 Debra Krueger*
 Avalon Krygier*
 Doris Kubel
 Thomas & Lois Kujawa*
 Donald Kuptz
 Susan Lahr
 Marcella Landers
 Mary Jo Lange
 Ida Mae Larsen*
 Janice Lee**
 Robert & Irene Lewandowski
 Robert & Edith Litkowiec
 Vivian Littman
 Carson & Sharan Lunde
 Ramona Malkowski
 Mary Rose Malkowski*
 Eleanore Mankowski
 Linda Marcinowski
 Joan Martin
 Leonard & Adeline Maslowski
 Jan Matousek*
 Steve Miner
 Loretta & Damian Mogilka
 Eleanor Mongold
 Sharon Morris
 Dorothy Morrison*
 David Nawotka
 Donald & Hope Nogay*
 Alvin Nordine*
 Alvina Novacin
 Chester Nowicki
 Irene Nushardt
 George Oppen
 Alderman Mark Otto****
 Velma Owen

Ann Papastefan
 Helen & John Pari
 Joan & Thomas Paul*
 Joan Pearson
 Judith Phipps*
 Ann Psenko
 Vicki Purol*
 Mary Qiblawi
 Sandra Quartemont**
 Rev. Philip Reifenberg**
 Gerald Rieder*
 Dennis Riesen*
 Delores Rodziczak
 John & Joan Rosploch**
 Barbara Rothe*
 Patricia Rozek
 Susan Ryan
 Elmer Schatz
 Lois Schleif
 Sally & Bud Schmidt**
 Delores Schoessow*
 Manfred & Helga Schulz
 Virginia Sedlacek
 Adolf & Rosa Seewald*
 Laura Semple*
 Linda Sharafinski
 Theresa Simon*
 Norma Sinner
 Michael & Sharon Sobotkiewicz
 Patricia Stemwell
 Dolores Straseski
 Don & Arlene Stuermer**
 Virginia Szuta
 Charles Taube
 Florian Tomkowiak
 Burt & Nancy Trewcek
 Frank Tryba
 Pearl Tutaj
 Olga Uher
 Emil & Clare Ujchich*
 Viirginia Walczynski***
 Robert Weber*
 Charlene Weinhold
 Al & Essie Weitekamp
 Walter Westhauser*
 Carmen Wheeler*
 Neil White*
 Ronald Wield
 Joan Wolf
 Joseph Zblewski
 Melvin Zemplinski
 Vivian Zielke
 Carol Zimmerman
 Mary Zodrow*
 Anonymous**

* \$50-99
 ** \$100-249
 *** \$250-499
 **** \$500-999

In Loving Memory of...

Louis Brindza

Mary Brindza
Clare Ujcich

Dolores Calteaux

Clare Ujcich

Maryann Clementi

Jean Marie Fellin

Patricia Fons

John Fritz

Sharon Kuharski

Paul Janicek

Josie Janicek and Children

Frieda & Walter Slogaski

Jan Matousek
Fr. Phil Reifenberg



In Honor of...

The Ladish Foundation

Interfaith Office

Cudahy-St. Francis Interfaith is happy to accept memorial and honorary donations on behalf of loved ones and special occasions such as anniversaries, birthdays and holidays.

New Volunteers

Monica & Domingo Bastardo

Melissa Bratkovich

Katie Brzenk

Sue Easton

Barbara Hammons

Lisa Heideman

Carey Rafalski

Donald Zoerner

LEAVE A LEGACY

There are 4 ways to make a bequest in your will:

* **Percentage:** "I give to Cudahy-St. Francis Interfaith Older Adult Program, located at 3767 E. Underwood Ave. Cudahy, WI 53110, _____ % of the residue of my estate."

* **Dollar Amount:** "I give to Cudahy-St. Francis Interfaith Older Adult Program, located at 3767 E. Underwood Ave. Cudahy, WI 53110, , the sum of \$ _____."

* **Specific Property:** "I give to Cudahy-St. Francis Interfaith Older Adult Program, located at 3767 E. Underwood Ave. Cudahy, WI 53110, , all of my interest in (describe property and location)."

* **Insurance:** "I leave Cudahy-St. Francis Interfaith Older Adult Program, located at 3767 E. Underwood Ave. Cudahy, WI 53110, as beneficiary of (describe insurance policy)."

We gratefully acknowledge Wheaton Franciscan Medical Group Fine-Lando Clinic for making the printing of this newsletter possible

Fine-Lando · 3533 E. Ramsey Ave · Cudahy · 769-6600

Accepting new patients: Anna Lamnari, MD, Geriatric & Integrative Medicine; Gilberto Marquez, MD, Internal Medicine; and Victoria Yorke, MD, Family Medicine

Our Wish List

This month it's all about volunteers!

Someone with a vehicle and a strong back to deliver Stockboxes to seniors

"Angels" to go to clients' homes for housekeeping assistance (vacuuming, dusting, cleaning a bathroom) once or twice a month

Active community members willing to serve on C/SF Interfaith's and Project Concern's Board of Directors to raise awareness of our volunteer and financial needs. Board meets once a month and subcommittees every 6 weeks.

Call Mark at 483-4474 if interested.

*"Lend a hand today;
you may need a hand
tomorrow!"*

Thank You!

... to the **Ladish Foundation** for its ten years as Cudahy-St. Francis Interfaith's major corporate sponsor. The Foundation has given us over \$50,000 over the past decade. Vice-President for Human Resources **Larry Hammond** recently wrote a letter on behalf of Interfaith which will be mailed out to Cudahy and St. Francis businesses very soon. In the letter, Mr. Hammond notes that Interfaith has served our area's elderly "effectively and efficiently" for over 30 years, and on a shoestring budget. He notes the dramatic cuts in government funding we've experienced recently and encourages local business owners to consider any ways they might support us and keep this program strong.

... to the **Cudahy Lions** for their \$2000 donation. This is over and above the generous contribution they make each year from the proceeds of their Sweet Apple-Wood Festival.

... to **Friends of Cudahy Family Library** for their second \$500 donation in two years.



A New Face in Our Office!

Our new Service Coordinator, **Joan Stephan**, started on March 2nd. Joanie previously worked at West Central Interfaith. She is learning how to "do it all" here at C/SF, answering phones, taking ride requests, contacting volunteers, processing donations, doing monthly service and volunteer hour reports, and maintaining the computer databases. We're sure you'll love her soothing voice when you call. *Welcome aboard, Joanie!*



Gas Fund Started for Volunteer Drivers

The cost of gas is skyrocketing, and we want to do something to help our more than 50 volunteer drivers, visitors and home chore helpers defray their costs, which they so graciously donate every time they drive to a client's home or take him or her to an appointment or store, or sometimes to places like St. Luke's on 27th or even as far as Froedtert and beyond.

So, we are establishing a **Gas Card Fund** which will be used to purchase gas cards that we will distribute to drivers on the basis of miles driven for the program. **To make a donation to this fund, make your check out to Cudahy-St. Francis Interfaith, but be sure to put "Gas Cards" in the memo line.**

So as not to deprive the overall program of funds needed to continue to operate, we ask that Gas Card donations be "over and above" what you usually give to C/SF Interfaith. It's a great way to show our fantastic volunteers how much you appreciate them!

Vet, from p. 1

on a Stars & Stripes Honor Flight to Washington, DC, and loves to show visitors his souvenir book from the trip. One of the people he's shown it to is our volunteer Cheryll, who just started visiting him last month. Harry, 87, has a bad shoulder that may need surgery; Cheryll's been coming over not just to chat but to help around the house a little. She also takes him for walks in the neighborhood, which he hasn't felt comfortable taking alone lately. Recently she was planning to come over to help him cook a meal. We're glad we can be of service to Harry, who served our country so well.

Chaplain Service Available

Interfaith is pleased to announce that a trained chaplain volunteer who will be available to visit clients starting in February. Chaplain Lisa works part-time at Froedtert Hospital and is also happy to visit with you. If you have recently lost a loved one, are feeling lonely, or would just like to have someone to talk or pray with, Lisa is available for you. Please call the Interfaith office at 483-4474 to set up a visit.

The Greatest Gift of All...

Many years ago, a little girl was suffering from a rare and serious disease. Her only chance of recovery appeared to be a blood transfusion from her 5-year old brother, who had miraculously survived the same disease and had developed the antibodies needed to combat the illness. The doctor explained the situation to her little brother, and asked the little boy if he would be willing to give his blood to his sister.

He hesitated for only a moment before taking a deep breath and saying, "Yes I'll do it if it will save her."

As the transfusion progressed, he lay in bed next to his sister and smiled, as did all her family, seeing the color returning to her cheek. Then his face grew pale and his smile faded.

He looked up at the doctor and asked with a trembling voice, "Will I start to die right away?"

Being young, the little boy had misunderstood the doctor; he thought he was going to have to give all of his blood in order to save his sister!

"Southridge Express" Cancelled

Due to unforeseen circumstances, the volunteers who tried to start this program have been unable to continue. However, there was interest from 6-8 people, so if there are any other volunteers out there who would like to "resurrect" this, remember it is the Easter season—the time is right!

Inside: Volunteers Give Nearly 7,000 Hours in 2010!
Serving Veterans
34th Annual Prayer Breakfast Photos
Appeal for Business Sponsors, Student Volunteers



United Way
of Greater Milwaukee

60 or Better? You are eligible for our services! Up to 4 free rides per month, help with home chores (as volunteers are available) and information about helpful services, programs and resources.

Retired? "Pay It Forward!" Volunteer a little now, use us later when you need us. Interfaith is a great organization for volunteers - you set your own hours and work as little or often as you like. Call 483-4474 for info.

Help Us Make Our Budget! Mail your contribution in the enclosed envelope or drop off at our office (see box on cover). Your donation is tax deductible to the extent allowed by law. Call the office if you'd like info on automatic deduction.

Interfaith Older Adults Program's Mission:
Linking Older Adults with a Caring Community

RETURN SERVICE REQUESTED

Cudahy-St. Francis
INTERFAITH
Program for Older Adults
3767 E Underwood Ave.
CUDAHY, WI 53110

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